

3D Vasculase
ADVANCED THREAD VEIN REMOVAL



PRE AND POST TREATMENT
guidance

3D Vasculase pre and post treatment care

PRE TREATMENT ADVICE

- Do not use products containing retinol or strong AHA fruit acids on the treatment area prior to or during your treatment.
- Avoid any heat on the skin on your day of treatment.
- Where necessary, shave the area prior to treatment.
- Do not sunbathe, use sunbeds or use self-tanning products on the treatment area two weeks prior to and four weeks after treatment.
- To prevent Post Inflammatory Hyperpigmentation (PIH), it is recommended for skin types III, IV, V and VI to use **3D Professional Solutions Lightening Serum** to inhibit melanin production.
- If you are prone to cold sores, anti-viral cream/medication is recommended for at least two days prior to treatment – and recommended for at least one week after treatment.

EXPECTED SIDE EFFECTS*

- Erythema
- Swelling
- Red spots/bumps

* If you experience any other side effects after your treatment, please contact your clinic therapist.

POST TREATMENT CARE

- No hot baths or showers – tepid water only.
- Avoid touching or scratching the treatment area.
- No exfoliating products to be used on treatment area for four weeks.
- If scabbing appears, this needs to be left to heal naturally and must not be picked off.
- No spa treatments (i.e. saunas and steam rooms, swimming or jacuzzis).
- No deodorant, perfumes or scented body lotions/creams to be applied on the treatment area until your skin has recovered.
- The **HGF 3D Youth Serum** product can be used on the skin to help with the healing process.
- Anti-inflammatory medication can be used if necessary.
- SPF 30+ must be worn daily on exposed skin.



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